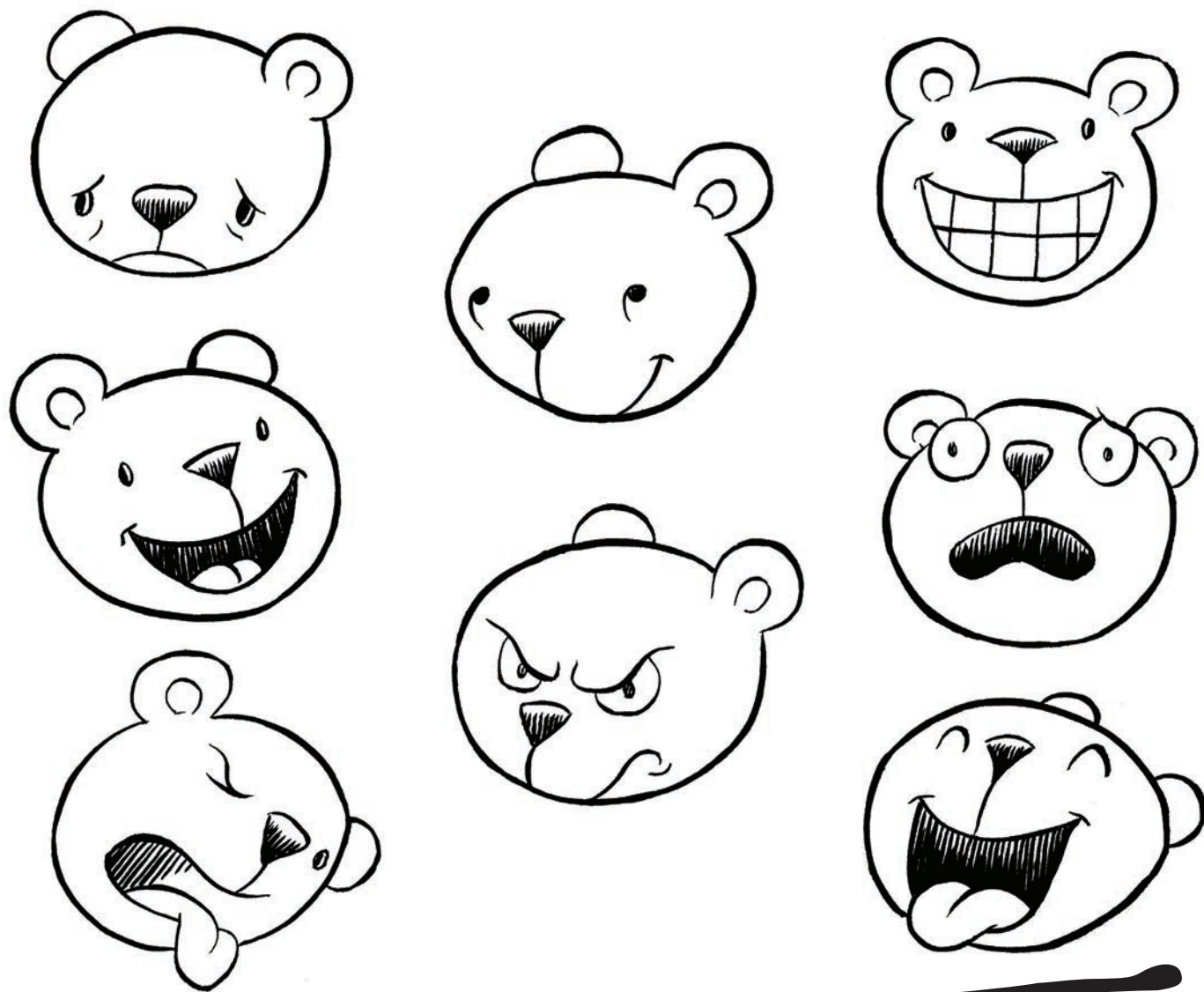




YOUR JOURNEY
With *Champ*







Just like you, I have a lot of feelings. Can you spot where I feel happy? What about sad, scared or frustrated?



Asking for help is being
STRONG, not weak!

REMEMBER, even if grown-ups seem really busy, they are
never too busy to listen and always want to know how you feel





